



AREA AGENCY ON AGING ADVISORY COUNCIL

778 W. State St., El Centro, CA 92243
800.510.2020 | 442.265.7030 | www.aaa24.org

Meeting Minutes: Thursday, January 16, 2025

Proceedings: The Imperial County Area Agency on Aging (AAA) Advisory Council met for a regular meeting on Thursday, January 16, 2025, at 9:00 a.m. at the Imperial County Workforce Development Board – Conference Room, Located at 2799 S. Fourth Street, El Centro, CA 92243.

Voting Attendees:

Cynthia Alba
AJ Gaddis
Patricia Burnworth
Paul R. Monarrez
Sylvia Chavez
Mike Lara
Manuel Sanchez
Daniel Romero
Oreda Chin
Benjamin Horton
Javier Moreno
Lucy M. Hendry
Ana Rodriguez
Ember Haller*

*Attendees arrived after roll call

Representing Sector:

District 1
District 3
District 5
Disabled Interests
League of Cities
Senior Advocate
Senior Advocate
Senior Legislature
Senior Organization
HICAP
Law Enforcement
At-Large
At-Large
Alternate At-Large

Non-Voting Attendees/Providers:

Sarah M. Enz ICAAA Director
Monica V. De Leon ICAAA Manager
Karla Flores ICAAA LTC Ombudsman Coordinator
Sofia Vasquez ICAAA Community Service Worker
Daniel Flores ICAAA I & A Coordinator
Joanna Zepeda ICAAA Analyst
Dayanara Torales ICAAA Information & Assistance Coordinator
Andrew Briseno Imperial County Counsel
Ivan Romero Catholic Charities/Program Manager
Polo Salazar Catholic Charities/Program Manager
Shawn Angulo ICAAA Volunteer
Annabel Huber HLT Nutritionist Co./Owner
Daniel Ocampo Imperial Valley Community Health Plan
Aylin Cruz Elder Law & Advocacy/Paralegal



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Absent:

Cheryl V. Walker	District 2
John Hernandez	District 4
Patricia Thompson	Service Provider
Helen Lopez	Senior Legislature
Ismael Lopez	Alternate At-Large
Supervisor John Hawk	Alternate At-Large

Agenda Item / Action Taken:

I. **FLAG SALUTE, ROLL CALL (MEMBERS), AND INTRODUCTIONS (GUESTS):**

Chair AJ Gaddis called the meeting to order at 9:00 a.m. Shawn Angulo led the Advisory Council in the Flag Salute. Roll call was completed. Guests introduced themselves.

II. **APPROVAL OF MINUTES:**

Romero/Moreno (M/S/C) to approve the minutes of the December 19, 2024, Advisory Council meeting as presented with no abstentions.

III. **PUBLIC COMMENTS:**

AJ Gaddis opened the floor for comments. Daniel O'Campo from Imperial Valley Community Health Plan gave a quick introduction of their program and their office location at 512 W. Aten Rd., Imperial, CA 92251.

IV. **PRESENTATION:**

a) **Senior Health Services – “Health Coaches for Hypertension” – Annie Huber, Owner/President, HLT Nutrition Co. Inc.**

Annie Huber provided a presentation on Health, Outreach, and Health promotion and talked about Health Coaches For Hypertension and their roles, program objectives, training process, and program implementation. Ms. Huber concluded presentation by answering questions.

V. **ACTION / DISCUSSION ITEMS:**

a) **Area Plan Hearings for Area Plan 2024-2028 Dates & Members**

Chair Gaddis reviewed and encouraged members to sign up to the Public Hearings and attend the training being provided at the Area Agency on Aging on March 13, 2025, at 9:00am. Members signed up for locations and an updated list with email invitations will be sent out soon by staff.

b) **AAA Advisory Council Quarterly Mileage Reimbursement for FY 2024-2025**

Chair Gaddis reminded members that mileage reports for all attended AAA Advisory Council Meetings and Committee Meetings are due by the 15th of the following month.

VI. **AREA AGENCY ON AGING DIRECTOR'S REPORT:**

Director Sarah Enz provided a written report and a brief verbal report on Senior Nutrition, ADRC, CALz Connect, the Workforce Enhancement Program, and the 2024 ACL Caregiver Grant.



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VII. COMMITTEE REPORTS:

Executive Committee: Chair AJ Gaddis reported that the committee has been meeting regularly to look at potential agenda items, attendance rosters, and other potential items.

Legislative Committee: Daniel Romero reported that a written report was provided in the agenda packet.

Nutrition Committee: Patricia Burnworth shared the next meeting date and provided a brief report on what is done during the Congregate Site Monitoring visits.

Transportation Committee: AJ Gaddis reported that the Committee met and had a representative from Imperial County Transportation Commission answering questions. The committee reviewed the assessment of unmet needs. Sarah Enz added that the unmet needs survey should be out soon.

Social & Health Committee: Manuel Sanchez reported that the committee will meet soon.

VIII. INFORMATION:

Chair Gaddis reminded members to review informational items: Information & Assistance Coordinator Reports, Ombudsman reports, Member Attendance Roster, and upcoming events list.

IX. FUTURE AGENDA ITEMS:

Chair Gaddis opened the floor for member requests. Vice Chair Monarrez, requested an Emergency Preparedness Package or presentation.

X. ANNOUNCEMENTS BY MEMBERS:

Chair Gaddis opened the floor for announcements. Chair Gaddis announced that today, January 16, 2025, there will be an Imperial Irrigation District Public Hearing regarding rate increases. Monica De Leon announced that the Area Agency on Aging (AAA) had State Emergency Preparedness Packages that staff will bring to the next meeting. Oreda Chin announced that United Way will have an event on Valentines Day to re-introduce United Way to the community and United Way will also be doing taxes this year. Lucy Hendry invited members to the Carrot Festival which will start on February 6, 2025.

XI. ADJOURNMENT:

Chair Gaddis adjourned the Advisory Council meeting at 10:13 a.m.

Monica V. De Leon
AAA Manager

Daniel Flores
Recording Clerk